PALOS VERDES BEACH & ATHLETIC CLUB

2024 JUNIOR LIFEUARD CLASS

CLASS INFORMATION:

MONDAY/WEDNESDAY CLASS FEBRUARY 26TH - APRIL 17TH (3:30-4:30) (4:30-5:30) (5:30-6:30)

TUESDAY/THURSDAY CLASS FEBRUARY 27TH - APRIL 18TH (3:30-4:30) (4:30-5:30) (5:30-6:30)

MEMBERS: \$195 | SIGN-UPS BEGIN FEBRUARY 5TH PVE RESIDENTS: \$230 | SIGN-UPS BEGIN FEBRUARY 12TH NON-RESIDENTS: \$250 | SIGN-UPS BEGIN FEBRUARY 19TH

NO EXCEPTIONS

To participate, swimmers must be at least 9 years old and able to swim 100 yards freestyle without stopping. Dog paddle is not allowed.

THIS IS A WORKOUT CLASS FOCUSING ON JUNIOR GUARDS TEST. THIS IS NOT A LEARN TO SWIM CLASS. NO MAKE-UP CLASSES ALLOWED. PLEASE BRING GOGGLES, A SWIM CAP, AND A TOWEL.

CASH OR CHECK PAYMENTS ONLY, NO REFUNDS AFTER CLASS STARTS. ALL CHECKS MADE PAYABLE TO PVBAC. PAYMENTS MUST BE RECEIVED AT THE TIME OF SIGN-UP TO RESERVE A SPOT.